



Dear Guest,

Warm greetings from Samrakshan Trust.

We are delighted and looking forward to have you with us in the upcoming days. Some of you might have been here before while others might be visiting us for the first time. Nonetheless, it is our responsibility to provide you with a brief introduction about the area and point out some of the absolutely necessary items that one must carry during their visit to the area.

Our field office is located at village Agara, in District Sheopur, Madhya Pradesh, India. The nearest railway heads are Morena and Gwalior and from there, it is about three and a half hours' drive to Agara. We are located at the periphery of the Kuno Wildlife Sanctuary which is home to a diverse range of flora and fauna. The region is part of the Central Indian Dry land which is prone to extreme climate. The best time to visit is between autumn and spring i.e. from October to March when the weather is very pleasant. During this time of the year, it is generally warm during the days although, early mornings and late nights can get nippy. The people in the region are friendly, welcoming and never shy of striking a conversation.

Given below is a list of recommended things that one is advised to carry while visiting the area. Kindly note that **disposable water bottles are banned** in the Samrakshan campus as well as the Adharshila campus (our sister organisation) and it is highly recommended to **carry personal water bottles** which can be refilled from the campus.

Below is a list of things we recommend you carry with you.

1.	Sleeping Bag	6.	Light woollens
2.	Yoga Mat	7.	Torch
3.	Bed Sheet	8.	Toiletries
4.	Water Bottle	9.	Medical/first aid kit
5.	Trekking Shoes	10.	A small bag for local travel/fieldwork

Looking forward to see you,

Team Samrakshan